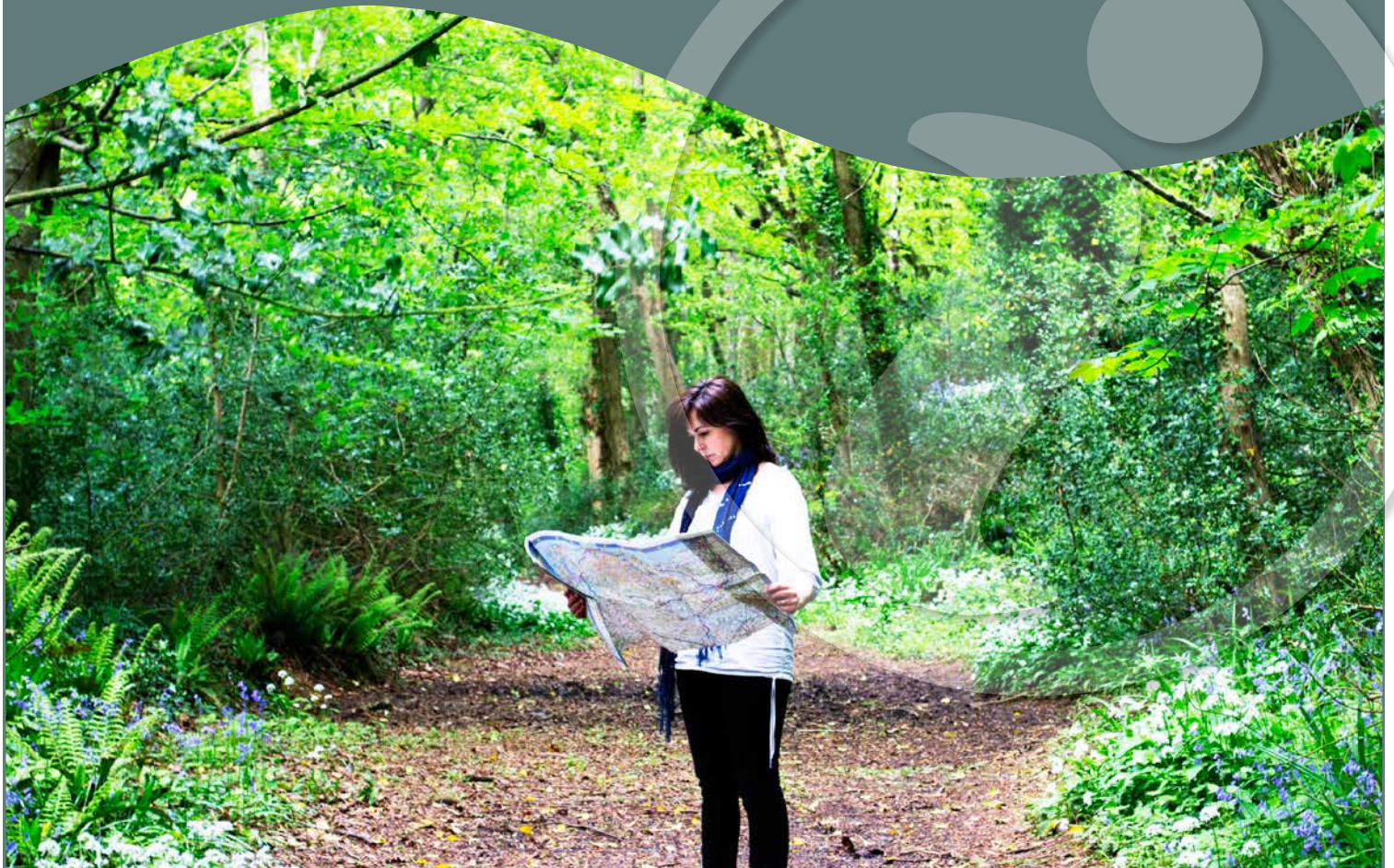


YOUR GUIDE TO THE SOUTH DOWNS WAY

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# Maps, guides and books



For further information about the South Downs Way, visit  
[www.nationaltrail.co.uk/southdowns](http://www.nationaltrail.co.uk/southdowns) or [www.southdowns.gov.uk](http://www.southdowns.gov.uk)

# Maps, guides and books

Although the South Downs Way is well marked with signposts and coloured arrows, it is always advisable to carry a map with you. Not only can you be reassured that you're on the right track, but you'll also be able to deviate off of the trail to explore surrounding countryside or find a pub for some well earned refreshment!

## KEY

 Publisher

 Size

 RRP

## MAPS

The most detailed and comprehensive mapping of the South Downs is produced by Ordnance Survey.

### LANDRANGER SCALE 1:50 000

(2 cm to 1 km, 1¼ inches to 1 mile). £6.99 each

These are adequate for cycling where longer distances are covered. The following maps will be needed to cover the whole trail:

- Winchester & Basingstoke 185
- Chichester & The South Downs 197
- Brighton & Lewes 198
- Eastbourne & Hastings 199

### EXPLORER SCALE 1:25 000

(4 cm to 1 km, 2½ inches to 1 mile). £7.99 each.

These are more detailed than the Landranger maps above and are ideal for walkers and horse riders. The following maps will be needed to cover the whole of the trail:

- Winchester, Alresford & East Meon 132
- Chichester, South Harting & Selsey 120
- Arundel & Pulborough 121
- Brighton & Hove, Lewes & Burgess Hill 122
- Eastbourne & Beachy Head 123

Map 119 Meon Valley, Portsmouth, Gosport & Fareham, also shows part of the South Downs Way, but this is also covered on Map 132. Map 133, Haslemere & Petersfield, does not cover the SDW itself but is useful to show routes to and from Petersfield and surrounding villages.

All Explorer maps are available as encapsulated **OS Explorer Map – Active**, making them tough, durable and weatherproof.

All OS maps can be purchased from the Ordnance Survey website [www.leisure.ordnancesurvey.co.uk/leisure](http://www.leisure.ordnancesurvey.co.uk/leisure) or by phone on 0845 456 0420. Most good bookshops and outdoor shops also stock OS maps.

### HARVEYS MAPS

Harveys Maps also produce the **South Downs Way XT40** map, covering the whole trail at 1:40,000 scale. This is a lightweight (60gsm) weatherproof map, suitable for use with GPS and ideal for cyclists. £12.95 each. Visit [www.harveymaps.co.uk](http://www.harveymaps.co.uk) or call 01786 841202 for information.

### SPLASH MAPS

Splash Maps produce a unique set of five fabric waterproof, washable maps at 1:40,000 scale. Five maps 72x72cm each, covering the whole South Downs Way. £18.99 each. Visit [www.splashmaps.net](http://www.splashmaps.net) or call 07876 390656 to order.

## SOUTH DOWNS WAY GUIDE BOOKS

There are many guidebooks available, most including maps of the route.

### THE SOUTH DOWNS WAY NATIONAL TRAIL GUIDE (2012)

by Paul Millmore.

The official National Trail Guide for the South Downs Way uses Ordnance Survey map extracts for each section of the trail.

 Aurum Press. ISBN 978-1-78131-088-5

 21 x 13 x 1.6cm, 168 pages

 £12.99

### THE SOUTH DOWNS WAY: DESCRIBED EAST-WEST AND WEST-EAST (2009)

by Kev Reynolds.

This guide covers the South Downs Way in 12 daily stages with OS mapping.

 Cicerone. ISBN 978-1-85284-429-5

 16.8 x 11.6 x 1cm, 160 pages




 £12.95

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## **SOUTH DOWNS WAY: WINCHESTER TO EASTBOURNE (2012)**

by *Jim Manthorpe*.

A practical guide with 60 maps, places to stay and places to eat.




-  Trailblazer Guides. ISBN 978-1-90586-442-3
-  204 pages
-  £11.99

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## **MOUNTAIN BIKING ON THE SOUTH DOWNS (2011)**

by *Peter Edwards*.

A guide to riding the whole South Downs Way plus 26 circular rides across the National Park. Includes OS mapping and route profiles.




-  Cicerone. ISBN 978-1-85284-645-9
-  17.6 x 12 x 1.7cm, 235 pages.
-  £14.95

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## **SOUTH DOWNS WAY (2011)**

by *Fiona Bartrop*.



Illustrated guide to the South Downs Way in a ring-bound waterproof notebook format.

-  Rucksack Readers. ISBN 978-1-89848-144-7
-  22 x 14.5 x 0.7cm, 63 pages
-  £10.99

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## **ALONG THE SOUTH DOWNS WAY**

by *the South Downs Society*.

-  A concise guide. ISBN 978-09716-809-6
-  60 pages
-  £6 (currently unavailable – used copies may be available on [amazon.co.uk](http://amazon.co.uk)).

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## **OTHER GUIDES**

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### **THE BIG WALKS OF GREAT BRITAIN**

by *David Bathurst*.

A guide to many of the country's long distance routes, including the South Downs Way and all of the other National Trails.




-  Summersdale Publishers.  
ISBN 978-1-84024-566-0
-  19.4 x 13 x 3.6cm, 320 pages.
-  £9.99

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## **THE NATIONAL TRAILS OF ENGLAND, SCOTLAND AND WALES**

by *Paddy Dillon*.




The complete guide to the National Trails of England, Scotland and Wales.

-  Cicerone. ISBN 978-1-85284-504-9
-  24 x 17cm, 254 pages
-  £17.95

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## **WALKS IN THE SOUTH DOWNS NATIONAL PARK (2011)**




by *Kev Reynolds*.

-  Cicerone. ISBN 978-1-85284-618-3
-  219 pages
-  £12.95

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## **SOUTH EAST MOUNTAIN BIKING: NORTH & SOUTH DOWNS (2008)**

by *Nick Cotton*.

-  Vertebrate Publishing. ISBN 978-1-90614-803-4
-  180 pages
-  £15.95

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## **OTHER BOOKS, DVDS AND DOWNLOADS**

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### **THE IRREVERENT GUIDE TO WALKING AND CYCLING THE SOUTH DOWNS WAY (2002)**

by *Martin King*.

One man's amusing adventure both walking and cycling the SDW.




-  Mainstream Publishing. ISBN 978-1-84018-411-2
-  192 pages
-  £7.99 (currently unavailable – used copies may be available on [amazon.co.uk](http://amazon.co.uk))

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### **THE SOUTH DOWNS WAY**

by *Belinda Knox*.

A photographic journey along the SDW.



-  Frances Lincoln. ISBN 978-0-71122-853-5
-  112 pages
-  £14.99

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### **MOODS OF THE SOUTH DOWNS (2007)**

by *Ian McGowan*.




A photographic journey along the South Downs Way from Eastbourne to Winchester.

-  Halsgrove. ISBN 978-1-84114-595-2
-  23 x 21.6 x 1.8 cm, 144 pages, hardback
-  £14.99 (currently unavailable – used copies may be available on [amazon.co.uk](http://amazon.co.uk))

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### **IMPRESSIONS OF THE SOUTH DOWNS (2008)**

A soft-back photographic guide to the South Downs.




-  AA publishing. ISBN 978-0-74955-549-8
-  21 x 28 x 0.8cm, 96 pages
-  £9.99

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### **A PICTURE OF THE SOUTH DOWNS: ART IN THE NATIONAL PARK (2012)**

by Terry and Christine Timblick.

Hardback coffee table book of art and artists of the South Downs.


-  Halstar. ISBN 978-1-90669-044-1
-  24.5 x 26.5 x 2cm, 144 pages
-  £34.99

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### **DVD/DOWNLOAD: SOUTH DOWNS WAY NATIONAL TRAIL VIDEO GUIDE**

Presented by Anthony Burton.


Available from [www.tvwalks.com](http://www.tvwalks.com). 29 minutes.

-  DVD (£9.99) or download (£4.99)

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### **DVD: SAXON SHORE WAY & SOUTH DOWNS WAY (2006)**

Aerial Britain DVD showing the South Downs Way from the air. 58 minutes.

-  £9.49 (currently unavailable – used copies may be available on [amazon.co.uk](http://amazon.co.uk))

**This information is believed to be correct at time of writing (June 2013).**

No responsibility can be taken for errors. However if you spot an error please contact the South Downs Way Team, South Downs National Park Authority, Stanmer Park Offices, Stanmer Park, Lewes Rd, Brighton, BN1 9SE.

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