



Walk Overview

Distance: 6.5 miles /10.4 kms

Start /Finish: Centre of the village of Kemsing

Stiles: 18

Gates: 6

Terrain: Field paths and tracks with some steep slopes

Views: Magnificent views across the Weald of Kent

Toilets: At Kemsing village car park

Refreshments: pubs and shops in Kemsing. Pub at Heaverham

When you're out walking in the countryside, please respect the Countryside Code.

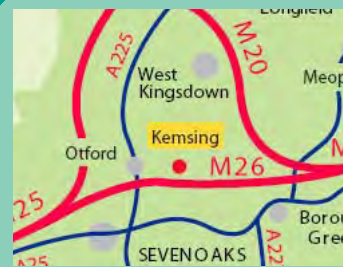
- Be safe – plan ahead and follow any arrows or signs
- Leave gates and property as you find them
- Protect plants and animals, and take your litter home
- Keep dogs under close control
- Consider other people

By car: From A25 at Seal follow signs to Kemsing

Parking: Free car park in centre of village

Train: Kemsing station is 2.5 miles from village on the London Victoria to Maidstone East line Train enquiries tel 08457 484950

Bus: Buses 431/432 go through the village
Traveline 0870 200 2233



Kemsing walk

This challenging 6.5 mile route passes through the beautiful village of Kemsing and offers walkers magnificent views across the Weald of Kent. The village of Kemsing was first recorded in AD 822 and is a fascinating start point for the walk. The Church of St Mary the Virgin dates from 1060 and features a Norman Font. The walk ascends and descends the North Downs and paths can be muddy and slippery after rain.

Route Description

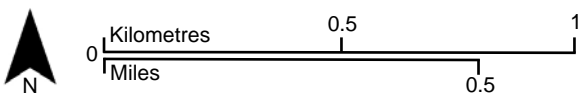
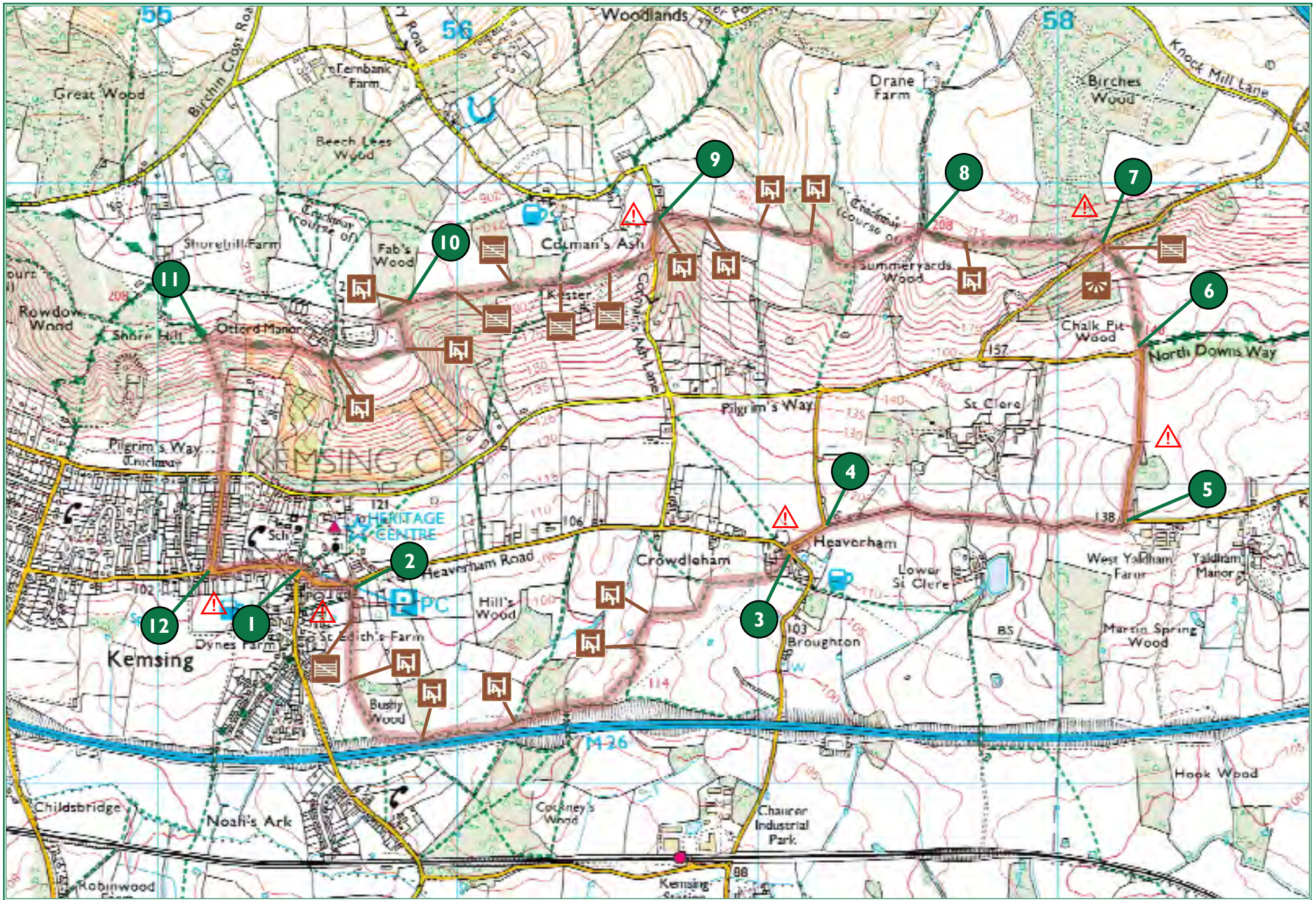
- 1 From the Car Park in Kemsing Village walk eastwards along Heaverham Road.
- 2 Turn right along a path opposite Church Lane and continue across open farmland towards Crowdleham. The path follows the very edge of the valley along which runs the M26 Motorway.
- 3 When you reach the road at the hamlet of Heaverham, cross over and continue ahead on the minor road.
- 4 Where the lane turns sharp left, continue ahead along another path which skirts round the St Clere's Estate.
- 5 At the end of the path just before West Yaldham Farm, turn left and head up hill along another minor road.
- 6 Continue more steeply uphill as you go straight across at the next junction. You are now on the North Downs Way which you will follow for some time.
- 7 Turn left at the next junction still following the acorn signs.
- 8 Cross straight over the minor road and keep heading westwards along the path.
- 9 Turn left and immediately right again at Cotman's Ash Lane still on the National Trail.
- 10 The path loops back on itself around Otford Manor.
- 11 Where the North Downs Way heads right take the path to the left which runs steeply downhill.
- 12 At the bottom of the hill keep straight ahead onto a lane. At the end of the lane turn left along the lane into Kemsing Village and retrace your steps to the start.

Walk your way to a healthier lifestyle ✓

"Walking for one mile burns virtually the same number of calories as jogging for one mile, it just takes a little longer!"

"Walking is FREE and requires no special equipment or clothing – as long as you are comfortable"

"Regular walking helps reduce the risk of heart disease, strokes, diabetes and high blood pressure"



-  Take care
-  Stile
-  Gate
-  View

Also use Ordnance Survey Map: Explorer 138

Kensing Walk www.nationaltrail.co.uk